




Independent

Mental Health





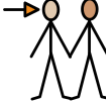








Advocate (IMHA)

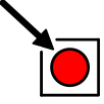

 Advocates
 
support

 you
 
 to
 
 have
 
 a
 
 stronger
 
voice

 and
 
 to
 
 have
 
 as
 
 much
 
 control
 
 as
 
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 life.




 Advocates
 
 are
 
independent,

 which
 
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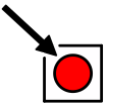

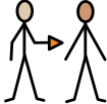

 in.



 **Independent**  **Mental Health**  **Advocate (IMHA)**

 **What**  **can** **an IMHA**  **help**  **me**  **with?**

 •Understanding  **your**  **section** **+**  **your**  **rights.**


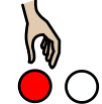



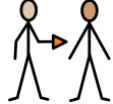


•The  **rights**  **other**  **people**  **may**  **have**  **in**  **relation** **to**  **you.**

•The  **medical**  **treatment**  **you**  **are** **receiving,** **or**  **what** **is** **being**  **proposed** **or**  **discussed.**



 **Independent**  **Mental Health**  **Advocate (IMHA)**

An IMHA can help you:

 •Challenge  decisions  about  your  care  if you  do not agree  with it.

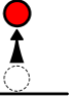



 •Stand up  for your  rights.

 • Write  letters  and  speak to  people  if you  ask  them to.

 •Attend  meetings  with  you.



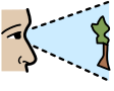
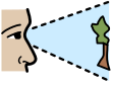

•Support you to make informed decisions.

• Raise concerns or complaints.




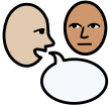
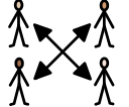
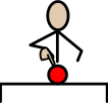
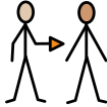
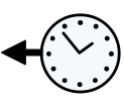


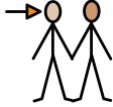
•Access information.

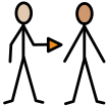

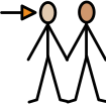
    

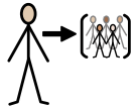

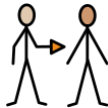


•Ensure your views are heard.


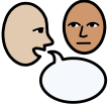
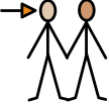



  
Independent Mental Health Advocate (IMHA)

 **Your**  **advocate**  **will not**  **tell**  **anyone**  **what**  **you**  **have**  **discussed**  **with**  **them** **unless:**

 **You**  **want**  **them** **to.**

 **It** **involves**  **danger** **to**  **you** **or**  **other**  **people.**

 **The** **law**  **says**  **they**  **need** **to.**






Independent Mental Health Advocate (IMHA)




Who is entitled to IMHA support?




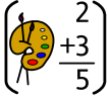



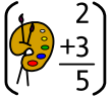






 •Patients detained under the Mental Health Act, (except sections 4, 5(2), 5(4), 135, 136)



 •Conditionally discharged restricted patients



 •Patients subject to guardianship







 •Patients subject to supervised community treatment orders




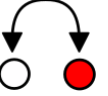


 **Independent**  **Mental Health**  **Advocate (IMHA)**

  **Other**  **service users**  **(informal**  **patients)** **are**  **eligible** **to IMHA**  **support** **if**  **they** **are:**








 **•Being**  **considered** **for**  **treatment** **to**  **which**  **Section** **57**  **applies.**





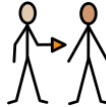
 **•Under** **the**  **age** **of 18** **and** **being** **considered** **for**  **ECT** **(Electro Convulsive**  **Therapy)** **or**  **any**

  **other**  **treatment** **to**  **which**  **Section** **58A**  **applies.**


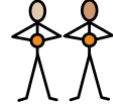







 **Independent**  **Mental Health**  **Advocate (IMHA)**

To  **meet**  **with**  **your**  **Independent**  **Mental Health**  **Advocate**  **you can:**

-  **Ask**  **a member of**  **staff**  **caring for**  **you**

-  **Contact**  **our**  **office**  **on** **01325 776 554**

-  **Visit**  **our**  **website** **and**  **use**  **our**  **accessibility**  **tool**

www.adventadvocacy.co.uk